

For **Y**our **D**riving



Safe Backing Procedures

Drivers should adhere to the following safe backing procedures to prevent backing related accidents:

- Always conduct a thorough pre-trip inspection. Check the vehicle's brakes, horn, back-up lights, 4-way flashers, and back up alarm if equipped.
- Plan ahead and avoid backing when possible. Do not put yourself into unnecessary backing situations.
- Get to know your vehicle's blind spots.
- Clean and adjust mirrors for maximum visibility. Mirrors are the key to any backing maneuver.
- Walk around your vehicle and check and recheck your path of travel. Before any attempt is made to back, always get out of your cab to check your backward path of travel.
- When available use a spotter or a guide person.
- Remember that every backing situation is different. If you visit the same location several times a day or each week, be watchful of each visit.

Remember backing accidents are preventable!

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Send comments or questions to:

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