

RUN. HIDE. FIGHT.

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Unfortunately workplace shootings do happen in our world. A new video released by the City of Houston offers safety tips for responding to a workplace shooting. If you find yourself in the middle of a shooting, your survival may depend on whether or not you have a plan. The plan does not have to be complicated. There are three things you can do to make a difference: run, hide, fight. The video goes into detail about each of these three strategies when an active shooter is present:

RUN

- When an active shooter is in your vicinity, run.
- If there is an escape path, attempt to evacuate.
- Evacuate whether others agree to or not.
- Leave your belongings behind.
- Help others escape if possible.
- Prevent others from entering the area.
- Call 9-1-1 when you are safe.

HIDE

- If evacuation is not possible, find a place to hide.
- Lock and/or barricade the door.
- Silence your cell phone.
- Turn out the lights.
- Hide behind large objects.
- Remain very quiet.
- Your hiding place should be out of the shooter's view, provide protection if shots are fired in your direction and not trap or restrict your options for movement.

FIGHT

- As a last resort, if your life is in danger, fight back.
- Attempt to incapacitate the shooter.
- Act with physical aggression.
- Improvise weapons, such as using a chair or fire extinguisher to strike the shooter.
- Commit to your actions.

We hope you are never confronted with such an event, but we want you to be prepared with some important information in case you ever find yourselves in this situation.

The Run. Hide. Fight. video from the City of Houston can be viewed here:

<http://youtu.be/5VcSwejU2D0>