A Weekly e-mail Promoting the Health & Safety of Workers in the Scrap Recycling Industry

Getting In and Out of the Cab of Your Machine

Getting On your Machine

- Always use **3-points of contact** when entering machines.
- If you have items to bring in the cab with you, such as a lunchbox or radio, set them on the machines' entry platform before climbing on the machine, and secure them once inside the cab. Do not secure the items in a place that blocks your way in or out.
- If the machine is too high to safely reach the entry platform, tie your items to a rope then hoist them up once you are safely on the entry platform.
- Never throw items onto the machine or into the cab from the ground.
- Avoid contact with machine controls when entering or exiting the cab.
- Always be sure the machine is off and all implements are grounded before entering a machine.

During your Shift

- Be aware of ALL your surroundings.
- Always assume that others on the jobsite do not see you, even though you are operating large machines.
- If you must exit your machine for any reason, ALWAYS shut the machine down, apply the parking brake and ground all implements.
- Never throw any objects from the cab of your machine.
- Never allow anyone to throw objects to you from the ground. Stop and shut the machine down, and pass the object from person to person in a safe and controlled manner.

Getting Off your Machine

- Be sure the machine is off with the parking brake engaged, ground all implements and remove the key from the ignition before exiting.
- Always face the machine and use 3-points of contact.
- If you have items to take out of the cab set them on the entry platform first, face the machine, properly dismount the machine and then grab the items while standing firmly on the ground.
- If you cannot reach the items from the ground, use a rope and lower them to the ground before dismounting the machine.
- Never exit the machine with items in your hands.

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