

## FALL PROTECTION Questions and Answers

Q: What's the first thing you do when you're putting on a full body harness?

A: Inspect it.

Q: When is it okay to stand on the top rung of a ladder?

A: Never.

Q: How far above the ground can you be before you have to use fall protection equipment?

A: 4 feet. (6 feet in the construction industry.)

Q: When is it okay to use a ladder that came in with a scrap load?

A: Never.

Q: How far above the landing or roof line should a ladder extend?

A: 3 feet. (Secure side rails at the top when 3 foot extension is not possible.)

Q: How tall should a standard guardrail be?

A: 42" (with a midrail and 4" toeboard)

Q: What's a good way prevent falls from mobile equipment?

A: Use a 3-point contact when mounting and dismounting.

Q: Name 2 hazards that are common in our industry that lead to falls while walking.

A: Poor housekeeping. Uneven ground. Others?

Q: Have there been any falls (or almost falls) in your operation?

A: (Describe the incident and talk about what you did to prevent it from happening again.)

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