

Do you follow the 3-second rule... or too closely?



Careful drivers always know the limitations of their brakes, their reaction times, and the physics of a heavy load. Following the vehicle ahead of you too closely can be a recipe for disaster. The rule of thumb for safe following distances for commercial motor vehicles is 3 seconds. And that's a bare minimum... 4-seconds is better especially for loaded trucks. Simply spot a sign or post along the road and when the vehicle in front of you passes that mark, start counting.... 1 Mississippi, 2 Mississippi, 3 Mississippi... and you should now be at that spot. At higher speeds or during inclement weather increase the distance. Rear-end collisions are avoidable and using patience will keep you happy!

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