

## Ask Dave



**Q.** *A guy at the truck stop said that sleep apnea was going to be a new DOT regulation and since my neck size is 18 I was probably going to lose my job. Is this true?*

**A.** No. The DOT is researching the effects of sleep apnea on fatigued driving and while there may be a future regulation regarding this issue it is not something that will happen very soon. And you won't lose your job just because you have a big neck.

*Got a question for Dave? Email: [dave@isri.org](mailto:dave@isri.org)*