



Ask Dave



- **Q.** I had a bad cold and was taking some over-the-counter medications. Since these were not prescription drugs I didn't tell my Dispatcher that I was taking anything, even though they made me really tired during the day. Am I required to tell the Dispatcher about everything I take?
- A. Yes! Even over-the-counter medicines can make you very sleepy and affect your ability to react quickly. DOT requires that we consider taking ourselves out of service if we are taking any drugs that might have this effect. Your Dispatcher should know about whatever you might be taking.

Got a question for Dave? email: dave@isri.org

